

Dip into reading



Books borrowed



Support your health and wellbeing with our Reading Well collections

Reading alone or as part of a group can help reduce feelings of loneliness

invested in Welsh Language material



Choose a comforting book to set you up for a better night's sleep

Read to help reduce feelings of stress and depression

total hours our libraries were open



Choose a mood boosting book

Books bought



Just 30 mins a week can make a difference

Reading groups supported